

*CITY OF NEWPORT NEWS PARKS & RECREATION  
ATHLETICS DIVISION*

## 2026 YOUTH INDOOR SOCCER PROGRAM INFORMATION

Welcome to the Newport News Department of Parks & Recreation Youth Soccer program. The following information should answer most questions and will serve as a guide towards what to expect during the program.

1. The program is offered for 5–17-year-olds with ages being split into five coed leagues: Bantam (5–6-year-olds), Mite (7–8-year-olds), Junior (9–10-year-olds), Intermediate (11–13-year-olds), and Senior (14–17-year-olds) leagues. **TEAMS IN ALL-AGE GROUPS ARE MADE AT RANDOM BY ATHLETIC STAFF. Requests WILL NOT BE ACCEPTED. No refunds will be issued after regular season games have started. If NNPR cancels the program for any reason, refund information will be distributed via email.**
2. The age eligibility date for the indoor soccer league is January 1, 2026. A player may move up one age group if he/she has a sibling actively playing in the older age group and only if the younger player is within **ONE** season of being eligible to move up (**March 1 is the age eligibility date for Spring Soccer**). Players will not be allowed to move up or stay down for any other reason. Only siblings living in the same household will be guaranteed to be placed together if age requirements are met, and Athletic Staff have been notified of siblings at time of registration.
3. All players are required to have shin guards. Players **MUST** wear indoor soccer shoes **OR** non-marking tennis shoes. No dress shoes or black-soled shoes will be allowed on the gym floor. Athletic shorts or pants without pockets should be worn. **No jewelry** may be worn during practices or games at any time. This includes, but is not limited to hair beads, starter earrings, necklaces, bracelets, or any other item worn anywhere on the body. Medical alert necklaces or bracelets may be worn provided they are taped to the body.
6. The program cost is \$0 for Newport News City residents/\$60 for non-residents and team shirts will be provided; however, **any shirt exchanges must be done within one week of distribution**. Replacement shirt cost is \$15. Depending on registration numbers and facility availability, the season will most likely consist of 6-8 games. No standings are kept in the indoor season.
6. Volunteer coaches are needed for all age groups. If interested in coaching a team, even if just as an assistant, please contact the staff at Warwick Recreation, 591-4892 or [athletics@nnva.gov](mailto:athletics@nnva.gov).
7. All NNPR Athletics information can be found on our website, [www.nnathletics.com](http://www.nnathletics.com). This site includes registration/program information, schedules, and program updates. Our Facebook page, [www.facebook.com/nnathletics](https://www.facebook.com/nnathletics), will also be used to facilitate program information.

### **IMPORTANT DATES (Subject to Change):**

October 1 – November 9, 2025,  
November 18, 6:00 PM  
Week of December 1, 2025,  
Week of January 5, 2026,

Registration Period (Online or In-Person at Warwick Rec)  
Coaches Meeting – Warwick Recreation Center  
Practice Begins (Tentative)  
Games Begin (Tentative)

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